

**Prior Learning Assessment and Recognition**  
**Cadets earning High School Credits (GPP3O: Leadership & Peer Support)**

19 January 2009

*Introduction*

1. This paper describes the Ontario Ministry of Education Prior Learning Assessment and Recognition (PLAR) and how it applies to youth in the Cadet program.

*Program Description*

2. Prior Learning Assessment and Recognition (PLAR)<sup>1</sup> is an Ontario Ministry of Education initiative that allows Ontario Students to challenge and earn Secondary School credits (Grades 10, 11 & 12) for learning achieved outside of secondary school. The challenge is a formal evaluation of knowledge and skills that have been acquired in both formal and informal ways against the expectations of the provincial curriculum policy documents.

3. The Army Cadet program lends itself naturally to Cadets to challenging the Leadership and Peer Support (GPP3O)<sup>2</sup> course. For Cadets to earn credit for this course, the following questions must essentially be answered<sup>3</sup>:

- a) Who am I and what skills do I need to be an effective leader?
- b) How do I use my understanding of diversity to be an effective leader?
- c) What do I need to learn about leadership dynamics?
- d) How can I use my leadership skills to help others?

4. A Cadet/Student is most likely to be successful at a PLAR challenge for GPP3O if they have they have the Basic Cadet Course, Cadet Leader Course, Cadet Leader Instructor Course, have been a platoon/squadron/troop commander, been actively enrolled with uninterrupted service for 3½ - 4 years and have completed the majority of their Grade 10 courses (i.e. Cadet/student is in Grade 11 or 12).

*PLAR Process*

5. A Cadet/Student challenging the GPP3O course will typically do so in two phases:

- a) An application accompanied by supporting documents such as a demonstrating proof and evidence to show knowledge and skills which meet curriculum expectations for a course.

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<sup>1</sup> Ontario Secondary Schools, Grade 9-12: Program and Diploma Requirements, 1999 (O.S.S. sections 6.6 and 8.2)

<sup>2</sup> The Ontario Curriculum, Grades 11 and 12: Guidance and Career Education, 2006 (revised)

<sup>3</sup> Course Profile: Leadership and Peer Support, Grade 11 Open (GPP3O), 19 Feb 2001

- b) A formal evaluation that may include a test, planning activity or a practical leadership exercise. Note that the formal evaluation vehicle is set at the discretion of the evaluator.

6. For Cadets/students enrolled in the **Toronto District School Board (TDSB)**, the framework for the GPP3O PLAR has been set up. For Cadets/students to challenge the GPP3O course, the Cadet/student must:

- a) Attend a MANDATORY Information/Orientation session for students and parents on Monday, February 9, 2009 from 18:30 to 20:30 at Earl Haig Secondary School, 100 Princess Avenue, Toronto (Yonge and Sheppard area). At this meeting, the PLAR challenge process will be explained in detail.
- b) From February 10, application forms may be picked up at your schools guidance office
- c) By Friday, March 27, 2009 at 16:00, Application forms and your supporting documents (i.e. portfolio –see Annex A) are due. A school team will review your application. Those deemed suitable will be forwarded to central board staff.
- d) You will be notified on the status of your challenge application by April 14, 2009.
- e) The assessment and evaluation will occur during the month of May.

7. For a Cadet/student enrolled in **District School Boards other than TDSB**, the authority to challenge GPP3O is granted by the Ministry of Education. Students should contact their guidance department to find out how the PLAR system works in their District School Board. Cadets/students may present the framework used in the TDSB (Annex A) and the Gap Analysis of the GPP3O course and the Cadet Training System (Annex B) for their District School Board to consider. It is at the discretion of individual District School Boards how they evaluate and grant PLAR credits.

8. As this is a leadership credit, the onus is on the Cadet/student to ensure all relevant information and critical timelines are met. Although challenging a credit through PLAR will take a lot of effort, the time required will be about 20 hrs compared to taking a 110 hour course in school and recognizes the hard work and rich learning Cadets undergo at unit and Cadet Summer Training Centre (CSTC) training.

**Note: This document is for guidance only. The directions/instructions given by a District School Board take precedence over this document.**

Annex A  
19 Jan 09

**Prior Learning Assessment and Recognition Portfolio: TDSB Students  
Cadets earning High School Credits (GPP3O)**

1. When submitting your application to a PLAR challenge for GPP3O, you must also submit a portfolio demonstrating what leadership experiences you have had, what impact did you have and what did you learn? Your portfolio should address the four questions:
  - a) Who am I and what skills do I need to be an effective leader?
  - b) How do I use my understanding of diversity to be an effective leader?
  - c) What do I need to learn about leadership dynamics?
  - d) How can I use my leadership skills to help others?
  
2. Your portfolio should be **professional-looking** and should contain the following items:
  - Course reports for CSTC courses & certificates,
  - Lesson Plans and formal monitoring evaluations from a variety of taught lessons,
  - Cadet Record, certified true copy by unit CO,
  - Reflection Essay: Cadets/students should write a 4-5-page essay demonstrating a few specific examples of major leadership experiences describing:
    - What you did,
    - How you prepared for the experiences,
    - How the experiences progressed. What went well, what provided challenges, and how you rectified it. How did you respond to the various needs of your team?
    - What impact you had on your team/community, and;
  - Assessment Letter by unit CO: This is a detailed assessment with specific examples on specific training and leadership experiences. The examples should describe what the Cadet's task was, what he/she did, accomplished, learned and what impact did it have. It is important to note that this is not like a generic reference letter or a check list/numerical assessment, but must give specific anecdotal examples in order to demonstrate that curriculum explications have been met.

**NOTE:**

*The portfolio of work and information must be detailed and must demonstrate through leadership assessments, demonstrating what the Cadet/student did and learned. A simple statement (such as one made in a letter of reference) will not be sufficient. Detailed information that demonstrates the expectations of the Leadership and Peer support course are met.*

Documents should address the four questions above and address the expectations of the GPP3O course listed in Annex B.

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

Ministry Curriculum expectations are shown in the top grey boxes. The Performance/Enabling Objectives from the 2001 Cadet program that meet these expectations are shown directly below.

<b>PERSONAL KNOWLEDGE &amp; MANAGEMENT SKILLS</b>					
<b>Explain how their personal characteristics and acquired skills may affect their interactions with others in leadership and peer support roles.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-3 407.07: Determine Characteristics of a Leader	1	Red 411.02: Ten Qualities of a Leader	2	Lvl-2 408.02: Identify the qualities of a leader	1
Phs-4 407.13: Understand the Role of a leader/Act as a leader	2			Lvl-2 408.03: Discuss the role of self-confidence, self-discipline and the leader	1
				Lvl-3 408.04: Identify the qualities of a leader	1
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		Basic 411.01: Carry out duties of a team member	AR		
		CL 411.02: Set Personal Goals	1		
		CLI 411.02: Set Personal Goals	1		
		CLCC 411.02: Set Personal Goals	1		
		CLCC 411x: Identify the methods, purpose and use of goal setting, self-assessment and log-books	2		
<b>Total Time:</b> 3x30min + ??x40min = ?? hrs		<b>Total Time:</b> 2x30min + 5x40min = 4.3 hrs		<b>Total Time:</b> 3x30min + ??x40min = ?? hrs	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>PERSONAL KNOWLEDGE &amp; MANAGEMENT SKILLS</b>					
<b>Identify the characteristics of an effective leader and use them to evaluate their own leadership and peer support capabilities.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-2 407.05: Participate in team building activities	1	Red 411.02: Ten Qualities of a Leader	2	Lvl-2 408.01: Identify the principles of leadership	2
Phs-3 407.05: Set an example	1	Red 411.04: Ten Principles of Leadership  Gold 411.12: Define a leaders responsibility as a role model	2  1	Lvl-2 408.02: Identify the qualities of a leader	1
				Lvl-2 408.03: Discuss the role of self-confidence, self-discipline and the leader	1
				Lvl-2 408.04: Discuss the responsibilities and duties of a junior non-commissioned officer (NCO)	2
				Lvl-3 408.04: Identify the qualities of a leader	1
				Lvl-3 408.06: Identify the principles of supervision	1
				Lvl-5 408.02: Discuss leadership	6
Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		Basic 411.01: Carry out duties of a team member.	AR		
		Leadership opportunities in small party taskings and section or platoon senior roles.	AR		
<b>Total Time:</b> 2x30min + ??x40min = ?? hrs		<b>Total Time:</b> 5x30min = 2.5 hrs +		<b>Total Time:</b> 14x30min + ??x40min = ?? hrs +	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>PERSONAL KNOWLEDGE &amp; MANAGEMENT SKILLS</b>					
<b>Identify and apply the personal-management skills and characteristics required to succeed in leadership and peer support roles.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-3 407.09: Employ Leadership Styles	2	Silver 411.05: Define the terms of leadership, management & command	1	Lvl-3 408.02: Identify the leadership approaches	1
				Lvl-4 408.02: Discuss interviewing & counseling	2
				Lvl-4 408.03: Discuss performance interviews	1
Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		Basic 411.02: Develop Self Confidence	10		
		CL 411.04: Develop Self Confidence	18		
		CLCC 411.05: Act as a coach	11		
		Leadership opportunities in small party taskings and section or platoon senior roles.	AR	Leadership opportunities in small party taskings and section or platoon senior roles.	AR
<b>Total Time:</b> 2x30min + ??x40min = ?? hrs		<b>Total Time:</b> 1x30min + 39x40min = 26.5 hrs		<b>Total Time:</b> 4x30min + ??x40min = ?? hrs +	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>PERSONAL KNOWLEDGE &amp; MANAGEMENT SKILLS</b>					
<b>Identify and apply effective teaching and learning strategies and resources to help others through leadership and peer support.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-3 408.01: Teaching/Learning motivators	4	Silver 409.01: List principles of instruction	2	Lvl-3 409.01: Describe the components of the CF training system that are in the Air Cadet system	2
Phs-4 408.02: Utilize the Teaching/Learning process	4	Silver 409.02: List methods of instruction	1	Lvl-3 409.02: Identify the principles of instruction	1
Phs-4 408.03: Create & use training aids for teaching	3	Silver 409.03: Preparation of a Lesson Plan	2	Lvl-3 409.03: Identify effective questioning techniques	1
Phs-4 408.04: Use a variety of methods of instruction	3	Silver 409.04: Ask a question	2	Lvl-3 409.04: Identify different types of problem trainees	1
Phs-4 408.05: Develop a lesson plan	4	Silver 409.05: List 5 types of verbal support	1	Lvl-3 409.05: Develop a visual aid	2
Phs-4 408.06: Present a lesson	4	Silver 409.06: Making a visual aid	2	Lvl-3 409.06: Prepare a lesson plan	2
		Silver 409.07: Testing mutuals	6	Lvl-3 409.07: Prepare a 15-minute lesson	2
		Gold 409.07: Review the principles of instruction and preparation of a lesson plan	3	Lvl-3 409.08: Deliver a 15-minute lesson	AR
		Gold 409: Teach a period of instruction	6	Lvl-4 409.01: Identify types of problem trainees	1
				Lvl-4 409.02: Describe the teaching lecture method	1
				Lvl-4 409.03: Describe the demonstration-performance method	1
				Lvl-4 409.04: Identify lesson planning tips	1
				Lvl-4 409.05: Prepare a 35-minute lesson	2
				Lvl-4 409.06: Deliver a 35-minute lesson	AR
Deliver skill and knowledge lessons	AR	Deliver skill and knowledge lessons	AR	Deliver skill and knowledge lessons	AR
<b>Total Time:</b> 22x30min + ??x40min = ?? hrs		<b>Total Time:</b> 25x30min = 12.5hrs		<b>Total Time:</b> 17x30min + ??x40min = ?? hrs	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>INTERPERSONAL KNOWLEDGE AND SKILLS</b>					
<b>Use strategies that promote positive interpersonal relationships as they pertain to leadership and/or peer support.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-2 407.04: Participate in team building activities	1	Green 411.01: Describe duties of a team member, leadership skills & teamwork	1	Lvl-3 408.01: Identify the wants of a follower	1
Phs-3 407.09: Employ leadership styles	2	Silver 411.06: List three leadership styles	2	Lvl-3 408.06: Identify the principles of supervision	1
Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		CL 411.01: Build Team Spirit	1		
		CL 411.03: Establish a Full Value Contract	2		
		CLI 411.01: Build Team Spirit	2		
		CLI 411.03: Establish a Full Value Contract	3		
		CLI 411.05: Employ methods of coaching, mentoring and motivation	3		
		CLCC 411.01: Build Team Sprit	1		
		CLCC 411.03: Establish a Full Value Contract	2		
		Leadership opportunities in small party taskings and section or platoon senior roles.	AR		
<b>Total Time:</b> 1x30min + ??x40min = ?? hrs		<b>Total Time:</b> 3x30min + 14x40min = 10.8hrs +		<b>Total Time:</b> 2x30min + ??x40min = ?? hrs	



**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>INTERPERSONAL KNOWLEDGE AND SKILLS</b>					
<b>Demonstrate effective use of communication skills in a variety of settings.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-3 407.10: Communicate effectively	2	Green 410.01: The elements of a speech	1	Lvl-1 410.01: Elements of a speech	2
Phs-3 407.11: Give feedback	2	Green 410.02: Three-minute talk	2	Lvl-2 410.01: Identify the guidelines for delivering an impromptu speech	1
		Red 410.03: Ways to avoid stage fright	2	Lvl-2 410.02: Deliver a one-minute impromptu speech	2
		Red 410.04: Five-minute talk	3	Lvl-2 410.03: Identify the characteristics that affect the human voice	1
		Silver 411.07: Describe the process of communication.	1	Lvl-2 410.04: Prepare a three minute speech	1
		Gold 402.13: Write a memorandum	1	Lvl-2 410.05: Deliver a three-minute prepared speech	4
				Lvl-3 408.03: Describe the order-giving process	1
				Lvl-3 408.05: Identify the incentives to performance and the needs of a follower	2
				Lvl-4 404.01: Write two memoranda	3
				Lvl-4 404.02: Identify the duties of a chairperson	2
Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR	Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		CLI 411.04: Review daily assessment process	2		
		Leadership opportunities in small party taskings and section or platoon senior roles.	AR		
<b>Total Time: 4x30min + ??x40min = ?? hrs +</b>		<b>Total Time: 8x30min + 2x40min = 5.3min +</b>		<b>Total Time: 19x30min + ??x40min = ?? hrs +</b>	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b><u>INTERPERSONAL KNOWLEDGE AND SKILLS</u></b>					
<b>Apply theories related to group dynamics and leadership in various situations.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-2 407.04: Participate in team building activities	1	Red 411.03: Discuss moral & esprit de corps	2	Lvl-3 408.06: Identify the principles of supervision	1
Phs-3 409.14: Outdoor Adventure Training (Plan an activity)	32	Gold 411.11: Describe two types of discipline	2	Lvl-4 408.01: Discuss moral & esprit de corps	1
Phs-4 409.15: Outdoor Adventure Training (Plan an activity)	32	Gold 411.12: Define the leaders responsibility as a role model.	1		
		Rank leadership progression opportunities & class/practical instructor roles of junior cadets	AR		
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		Leadership opportunities in small party taskings and section or platoon senior roles.	AR		
<b>Total Time: ??x30min + ??x40min = ?? hrs</b>		<b>Total Time: 5x30min = 2.5 hrs +</b>		<b>Total Time: 2x30min + ??x40min = ?? hrs</b>	

<b><u>INTERPERSONAL KNOWLEDGE AND SKILLS</u></b>					
<b>Explain how community dynamics affect leadership and peer support roles.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Lvl-1: Cadet Harassment & Abuse Prevention	6	Green Star: Cadet Harassment & Abuse Prevention	6	Lvl-1: Cadet Harassment & Abuse Prevention	6
Lvl-2: Cadet Harassment & Abuse Prevention Refresher	6	Red Star: Cadet Harassment & Abuse Prevention Refresher	6	Lvl-2: Cadet Harassment & Abuse Prevention Refresher	6
Lvl-3: Cadet Harassment & Abuse Prevention Refresher	6	Silver Star: Cadet Harassment & Abuse Prevention Refresher	6	Lvl-3: Cadet Harassment & Abuse Prevention Refresher	6
Lvl-4: Cadet Harassment & Abuse Prevention Refresher	6	Gold Star: Cadet Harassment & Abuse Prevention Refresher	6	Lvl-4: Cadet Harassment & Abuse Prevention Refresher	6
Lvl-5: Cadet Harassment & Abuse Prevention Refresher	6	Master Cadet: Cadet Harassment & Abuse Prevention Refresher	6	Lvl-5: Cadet Harassment & Abuse Prevention Refresher	6
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
<b>Total Time: 30x30min = 15 hrs</b>		<b>Total Time: 30x30min = 15 hrs</b>		<b>Total Time: 30x30min = 15 hrs</b>	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>EXPLORATION OF OPPORTUNITIES</b>					
<b>Describe, on the basis of research, the range of leadership and peer support opportunities in the school and the community, and identify those to which they are most suited.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-1 411.01: Perform community service.	8	Red 412.03: Discuss roles of service clubs in your community	1	Lvl-2 404.08: Discuss purpose of existing community groups	2
Phs-2 411.02: Perform community service.	8	Gold 412.06: Organize cadet corps community activity as a member of a group.	2	Lvl-3 404.01: Deliver a 15-minute speech on a community group of the cadet's choice.	4
Phs-3 411.03: Perform community service. (Role of service clubs)	8	Gold 413.04: Organize a cadet corps tabloid sports meet.	2		
Phs-4 411.04: Perform community service. (Role of service clubs)	8				
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		Participate & organize as a member of a group a communities service activity	8 hrs		
<b>Total Time:</b> 32x30min + ??x40min = ?? hrs		<b>Total Time:</b> 4x30min + 8hrs = 10.5 hrs +		<b>Total Time:</b> 6x30min + ??x40min = ?? hrs	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

<b>EXPLORATION OF OPPORTUNITIES</b>					
<b>Demonstrate the ability to design and implement a plan or program that addresses needs identified in the school or the community.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Phs-3 407.12: Problem solving	3	Silver 411.08: Supervise a cadet activity	2	Lvl-4 408.04: Identify steps to plan a group activity	2
Phs-3 409.14: Outdoor Adventure Training (Plan an activity)	32	Silver 411.09: Solve a problem	2	Lvl-4 408.05: Plan a group activity	3
Phs-4 409.15: Outdoor Adventure Training (Plan an activity)	32	Gold 411.10: Apply the elements of task procedure.	2	Lvl-5 408.01: Plan and supervise two activities	12
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
		CLI: 411.06: Lead a group of cadets (section or platoon) during daily leadership appointments.	AR		
		CLCC 411.04: Manage Stress	2		
		CLCC 411.06: Lead a group	2		
<b>Total Time:</b> 67x30min + ??x40min = ?? hrs		<b>Total Time:</b> 6x30min + 4x40min = 8.6hrs +		<b>Total Time:</b> 17x30min + ??x40min = ?? hrs	

<b>EXPLORATION OF OPPORTUNITIES</b>					
<b>Identify a range of careers and post-secondary options requiring skills in leadership and peer support.</b>					
<b>Sea EOs</b>	<b>Pd</b>	<b>Army EOs</b>	<b>Pd</b>	<b>Air EOs</b>	<b>Pd</b>
<b>Local Headquarters Training (LHQ) -30 minute periods</b>					
Stimulate an interest in the Armed Forces.	AR	Stimulate an interest in the Armed Forces.	AR	Stimulate an interest in the Armed Forces.	AR
<b>Cadet Summer Training Course (CSTC) -40 minute periods</b>					
Stimulate an interest in the Armed Forces.	AR	Stimulate an interest in the Armed Forces.	AR	Stimulate an interest in the Armed Forces.	AR
<b>Total Time:</b>		<b>Total Time:</b>		<b>Total Time:</b>	

**Prior Learning Assessment and Recognition (PLAR)  
Gap Analysis: Leadership & Peer Support and the Army Cadet Program**

Glossary of Terms

AR As required

**Level Nomenclature of the Three Cadet Branches**

	<b>Sea Cadets</b>	<b>Army Cadets</b>	<b>Air Cadets</b>
<b>Level 1</b>	Phase I	Green Star	Proficiency Level 1
<b>Level 2</b>	Phase II	Red Star	Proficiency Level 2
<b>Level 3</b>	Phase III	Silver Star	Proficiency Level 3
<b>Level 4</b>	Phase IV	Gold Star	Proficiency Level 4
<b>Level 5</b>		National Star Certification (NSCE)	Proficiency Level 5

**Performance Objective Nomenclature of the Three Cadet Branches**

The Overall Expectations are called Performance Objectives (POs). They are the three-digit number starting with 4xx.  
The decimal numbers attached to the PO are the specific expectations called EOs (Enabling Objectives)

<b>PO</b>	<b>Sea Cadets</b>	<b>Army Cadets</b>	<b>Air Cadets</b>
<b>402</b>		Fundamental Training	
<b>404</b>			Citizenship
<b>407</b>	Leadership		
<b>408</b>	Instructional Technique		Leadership
<b>409</b>	Outdoor Adventure Trg	Public Speaking	Instructional Technique
<b>410</b>	Physical Fitness	Instructional Technique	Effective Speaking
<b>411</b>	Citizenship	Leadership	
<b>412</b>		Citizenship	
<b>413</b>		Physical Fitness	

**Summer Training Course Nomenclature of the Three Cadet Branches**

	<b>Sea Cadets</b>	<b>Army Cadets</b>	<b>Air Cadets</b>
<b>Year 1 Courses</b>		Basic Cadet (BC)	
<b>Year 2 Courses</b>		Cadet Leader (CL)	
<b>Year 3 Courses</b>		Cadet Leader Instructor (CLI)	
<b>Year 4 Courses</b>		Cadet Leadership and Challenge (CLCC)	